



Meadow Park

Patience, Guidance and Determination

STAR

Student Turn Around Programme

What is the purpose of STAR

The Student Turn Around (STAR) programme will be a small group providing a modified curriculum in an environment based on the six principles of nurture. The children are supported to raise their emotional well-being, self-esteem and to form positive relationships. We provide a structured routine with clear boundaries so the children feel safe and secure. STAR is a place of learning.

The Six Principles of Nurture:

1. Children's learning is understood developmentally
2. The classroom/school offers a safe base
3. Nurture is important for the development of self-esteem/ wellbeing
4. Language is understood as a vital means of communication
5. All behaviour is communication
6. Transitions are significant in the lives of children

Our aims:

- To develop children's self-esteem
- To develop children's social skills
- To provide a calm environment
- To build relationships between adults and children
- To help the children grow in confidence, trust and reliability
- To provide a secure environment where children learn
- To provide the children with nurturing care from two caring adults, whose aim is to work towards successful reintegration
- To help children learn the consequences of certain behaviours
- To work in partnership with parents and school staff to ensure consistent approach
- To prevent possible exclusion

Who will be responsible for the group?

The STAR programme will be led by a Teacher with many years of experience in teaching children with social, emotional, mental health and behavioural difficulties. The teacher will be supported by a Learning Facilitator; this allows for demonstration and modelling of positive interactions and role-models through their behaviour and communication with each other.

Curriculum

The STAR programme is an inclusive, early intervention and prevention provision where social, emotional and behavioural skills are developed to enable the child to be successful in a mainstream classroom.

English and Maths lessons are a key part of The STAR programme, as we wouldn't want any child to be held behind academically, but we also understand that without the necessary social skills and resilience, learning cannot fully take place; and that is what we aim to develop here.

At The STAR programme, we follow a structure and routine that is clear to both children and adults. This includes; sharing news, group listening and speaking, personalised English and Maths activities, physical activities, toast time, cooking and stories.

Each session has a planned activity which is directly connected to the areas highlighted and any other target areas that need to be developed. These can include role-play, drama, Art, music, exploring feelings/emotions and supporting each other.

Each child has the opportunity to choose a job within the group, these roles change weekly. The jobs include: taking the register, laying the table, taking food orders and washing-up etc.

Toast time or any meal time is very important to us. Sharing a meal that has been prepared by the children encourages them to talk around the table, listen to each other, take turns to speak, to work as a team, offer support and problem solve.

Mindfulness and relaxation takes place, where the children practice focus and listening skills; these are delivered in class and also as group and individual sessions with our Mentor and or Relaxation Therapist.

Outdoor activities are offered where the children participate in engaging, motivating and achievable tasks and activities in a woodland environment. Each child has an opportunity to develop intrinsic motivation, sound emotional and social skills. These, through self-awareness can be developed to reach personal potential.

Reasons children might need a place at The STAR programme?

The group is an intervention for those children who are unable to access learning successfully in their mainstream classrooms due to social, emotional, mental health and/or behavioural difficulties. Such reasons might be:

- Low self-esteem
- Finding it hard to listen to others or join in
- Family illness or break-up
- Bereavement
- Finding it hard to share or take turns
- Finding it hard to settle in class
- Friendship difficulties – keeping/ making friends
- Finding it hard to accept losing a game
- Quiet, shy, withdrawn

Parent/Carer Involvement

Parents/Carers are essential partners in promoting children's development and learning. The staff at STAR will work with the parents/carers to build positive and productive relationships. A home-school diary is sent home every day and it is expected to be signed to show that it has been read; this daily contact ensures that there is a positive connection between home and school.

Referral

The class teacher will identify a child with any of the above needs or similar. The school will then contact Claire Tipton (Senior Leader), who will then go through the referral/application process (see Knowsley Behaviour Intervention Framework)

If it is felt that the child would benefit from The STAR programme and a place is available, the child and parent/carers will be invited in to have a look around, to meet the staff and to ask any unanswered questions.

Assessment

- When an application is submitted, the STAR class teacher will come out and observe the pupil in your setting
- The current class teacher is asked to allocate a score of between 1-4 to each statement in our Personal and Social Development Progress Tracking assessment tool.
- The PSD Tracking tool considers five main areas: self-control and management of behaviour, social skills, self-awareness and confidence. Skills for learning and approach to learning
- Individual targets are set for the children and these are shared to maintain consistency

Transport

Key Stage 2: We feel it is important for the young person to maintain daily contact with yourselves, so they will still arrive at your school in the morning. If you are not able to transport your pupil to us in the morning, we do offer a collection service at an additional cost.

Students are welcome to arrive at STAR between 9:00-9:30. You will be required to arrange transport to collect your pupil from Meadow Park; pupils should be collected from us between 2:30-2:45 each day.

If you need support with transport, please get in touch and we will aim to support you with this where we can.

Key Stage 3: Referring school are responsible for transport arrangements, although we may be able to help so please just get in touch before you submit your application.

Costing

10 week STAR programme: £2750

This includes:

- Initial observations and assessments
- 10 week nurturing programme which will include daily English and Maths (fully aligned to National Curriculum), Physical Education sessions, cookery sessions, social and emotional skills development, mindfulness and relaxation therapy and a daily breakfast club
- Mid-point progress review
- Final detailed report identifying progress made and giving specific strategies to use in your setting

For more information please contact Claire Tipton (Senior Leader) or Lauren Regan-Hammond (Programme Teacher)

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