

# KS4 Childcare



**Meadow Park**  
Patience, Guidance and Determination

Week 1

Week commencing-

| Teacher instructions                                                                                                                                                                                                                                                                                                                                                                                                                            |                                                                                                                                                                 |
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| <p>Students are to access articles via baby centre and work on one article each lesson.<br/>                     - Visit website <a href="http://www.babycentre.com">www.babycentre.com</a><br/>                     - Click the tab top left and select the article listed for that lesson.<br/>                     - You must answer the questions pinned at the top of the article in your own words by summarising what you have read.</p> |                                                                                                                                                                 |
| Lesson 1                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                 |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a>                                                                                                                                                                                                                                                                                                                                                                       | TOPIC/THEME – Ovulation.                                                                                                                                        |
| Year 10 & 11                                                                                                                                                                                                                                                                                                                                                                                                                                    | Read the article on ovulation and answer the questions pinned at the top of the article.                                                                        |
| Lesson 2                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                 |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a>                                                                                                                                                                                                                                                                                                                                                                       | TOPIC/THEME – Choose the sex of our child                                                                                                                       |
| Year 10 & 11                                                                                                                                                                                                                                                                                                                                                                                                                                    | Can we choose the sex of our child? Read the article and answer the questions. Describe your opinion on this having read the article, do you agree or disagree? |
| Lesson 3                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                 |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a>                                                                                                                                                                                                                                                                                                                                                                       | TOPIC/THEME – Ovulation timing and sex                                                                                                                          |
| Year 10 & 11                                                                                                                                                                                                                                                                                                                                                                                                                                    | Watch the video on fertilisation, view the slideshow on cervical mucus and read the article on how you conceive. Write a summary to explain this                |
| Lesson 4                                                                                                                                                                                                                                                                                                                                                                                                                                        |                                                                                                                                                                 |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a>                                                                                                                                                                                                                                                                                                                                                                       | TOPIC/THEME Menstrual cycle                                                                                                                                     |
| Year 10 & 11                                                                                                                                                                                                                                                                                                                                                                                                                                    | Read the article on how this works; answer the questions in detail to show your understanding of this article.                                                  |

Week 2

Week commencing-

| Teacher instructions                                                                                                                                                                                                                                                                                                                                                                                                                            |  |
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| <p>Students are to access articles via baby centre and work on one article each lesson.<br/>                     - Visit website <a href="http://www.babycentre.com">www.babycentre.com</a><br/>                     - Click the tab top left and select the article listed for that lesson.<br/>                     - You must answer the questions pinned at the top of the article in your own words by summarising what you have read.</p> |  |
| Lesson 1                                                                                                                                                                                                                                                                                                                                                                                                                                        |  |

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| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a> | TOPIC/THEME - Toddler                                                                                                                                                                                                      |
| <b>Year 10- &amp; 11</b>                                                  | Dealing with tantrums. Read the article, watch a article of supper nanny and produce a information sheet with tip on how to discipline your child.                                                                         |
| Lesson 2                                                                  |                                                                                                                                                                                                                            |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a> | TOPIC/THEME – Bedtime routines                                                                                                                                                                                             |
| <b>Year 10 &amp; 11</b>                                                   | Read article and describe the basics of a good bedtime routine. Give a step by step account of an ideal bedtime routing for a baby aged 1                                                                                  |
| Lesson 3                                                                  |                                                                                                                                                                                                                            |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a> | TOPIC/THEME – Learning to talk                                                                                                                                                                                             |
| <b>Year 10 &amp; 11</b>                                                   | Read article and answer pinned questions. List activities you can do with your child to encourage language.                                                                                                                |
| Lesson 4                                                                  |                                                                                                                                                                                                                            |
| WEBSITE/LINK – <a href="http://www.babycentre.com">www.babycentre.com</a> | TOPIC/THEME – Co-sleeping                                                                                                                                                                                                  |
| <b>Year 10 &amp; 11</b>                                                   | Co-sleeping and safety – Read the article and identify the risks associated with co sleeping and explain why it isn't safe. There are other reasons why you would share a bed with a baby, what are these and explain why. |