Key Stage Year Group		Subject	Teacher	Programme of Study		(***)				
LKS2	3&4	Personal Development	Miss Macey							
Autumn a		Autumn b	Spring a	Spring b	Summer a	Summer b				
Topic(s)		Topic(s)	Topic(s)	Topic(s)	Topic(s)	Topic(s)				
Year 3										
Physical Health and Mental Wellbeing • Exploring and expressing feelings positively • Affects to mental health • Healthy choices		 Growing and changing Personal strengths and achievements Managing and reframing setbacks 	Respecting ourselves and others Recognising respectful behaviour The importance of self-respect Courtesy and being polite to others	Families and friendships • Features of family life	Belonging to a community The value of rules and laws Rights, freedoms and responsibilities	 Money and work Job stereotype Setting personal goals 				
Keeping safeRisks and hazards		Keeping safe • Safety in the local environment and unfamiliar places	Families and friendships • What makes a family	 Safe relationships Personal boundaries Safely responding to others The impact of hurtful behaviour 	Money and work • Different jobs and skills	Media literacy and digital resilience The internet in everyday life Online content and information				
Year 4										
Physical Health and Mental Wellbeing • Exploring and expressing feelings positively • Affects to mental health • Hygiene		Growing and changing Physical and emotional changes in puberty External genitalia Personal hygiene routines Support with puberty	Respecting ourselves and others Respecting differences and similarities Discussing difference sensitively	Family and friendships • Positive online friendships	Belonging to a community • What makes a community • Shared responsibilities	Money and work • Using and keeping money safe				
Keeping SafeMedicines and household products		Keeping safeDrugs common to everyday life	Family and friendships • Positive friendships	 Safe relationships Responding to hurtful behaviour Managing confidentiality Recognising risks online 	Money and work • Making decisions about money	Media literacy and digital resilience • How data is shared and used • Accessing information online				
Assessment Tasks		Assessment Tasks	Assessment Tasks	Assessment Tasks	Assessment Task	Assessment Tasks				
Pupils will create a guide on how to stay safe in the community, with the different risks that they can encounter		Pupils will create an information poster	Pupils will create a presentation on prejudice and discrimination and how we can combat it	Pupils will label a diagram to describe the features of a good friend	Pupils will order a list of human / children's rights to identify what they think is the most important	Pupils will organise a charity event				

Pupils will lead mindfulness sessions	Pupils will describe important hygiene routines to prepare the body for puberty	Pupils will discuss and act out different scenarios to resemble their personal space and appropriate contact	Pupils will participate in class discussion and debates using appropriate and sensitive language	Pupils will have group discussions about job aspirations	Pupils will budget for a shopping trip, estimating prices and making comparisons to be more cost effective
Personal Development/CEIAG	Personal Development/CEIAG	Personal Development/CEIAG	Personal Development/CEIAG	Personal Development/CEIAG	Personal Development/CEIAG
Pupils will understand the importance of recognising their personal strengths and achievements	Pupils will be aware of the changes that their body is going to go through	Pupils will begin to demonstrate understanding and empathy towards other's situations and experiences	Pupils will discuss the importance of feeling safe within and outside of our family and friendship groups	Pupils will begin to understand the different consequences that can be faced for breaking rules	Pupils will recognise the importance of becoming upstanding members of society
Reading & Writing	Reading &Writing	Reading &Writing	Reading &Writing	Reading &Writing	Reading &Writing
Pupils will research and create information sheets on a variety of aspects surrounding physical health and mental wellbeing	Pupils will create awareness and information posters on issues surrounding growing and changing & keeping safe	Pupils will read about historic and current events surrounding prejudice and discrimination	Pupils will create a presentation about a variety of self-help and information access points available to the public	Pupils will research and read a range of human rights	Pupils will read a variety of information about different activities that can take place within our community
Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening
Pupils will participate in class discussions where they can share their thoughts and feelings	Pupils will take part in class and group discussions and respond respectfully and sensitively to the contributions of others	Pupils will articulate their views and opinions during class discussions and debates	Pupils will take part in group discussions and offer respectful advice and guidance to their peers	Pupils will present their findings to the class and participate in class debates	Pupils will participate in a class discussion
Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning
Pupils will explore and use a variety of statistics and data	Pupils will order and sequence the events in which their body changes	Pupils will explore and sequence a range of dates of key events	Pupils will use and apply their data handling skills	Pupils will explore a variety of statistics of key events	Pupils will develop their understanding of money and budgeting
Creative Media	Creative Media	Creative Media	Creative Media	Creative Media	Creative Media
Pupils will use NatGeo kids, Microsoft Word and other online websites to research and	Pupils will explore interactive diagrams	Pupils will use iPads to photograph their freeze frames / acting	Pupils will explore the Bully Busters website	Pupils will research human rights on the internet	Pupils will use the internet to research shopping prices online