

Meadow Park School - Curriculum Map 2023-2024



Key Stage	Year Group	Subject	Teacher	Programme of Study		
2	1-6	Food and Nutrition	Mrs S. Bowness	National Curriculum		
Autumn a		Autumn b	Spring a	Spring b	Summer a	Summer b
Topic(s)		Topic(s)	Topic(s)	Topic(s)	Topic(s)	Topic(s)
<b>Food Provenance</b>		<b>Fruit or Root</b>	<b>The Eatwell Guide</b>	<b>Food Miles</b>	<b>Cultures and cuisine</b>	<b>Exploring food chains</b>
Assessment Tasks		Assessment Tasks	Assessment Tasks	Assessment Tasks	Assessment Task	Assessment Tasks
What is food provenance? Pupils will discuss and identify where food comes from. Grown, raised or reared		Pupils will identify the different parts of the plants we eat.	What is meant by a healthy diet? Pupils will be introduced to the Eatwell guide and Government guidelines '5 a day'	Pupils will be introduced to the idea of food miles, how we can reduce them and the impact on the environment	Pupils will cook and taste foods from different cultures and identify some key ingredients	Pupils will explore food chains, ethical food choices and organic farming
Personal Development/Careers		Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers
Diet, exercise and healthy choices		Raising aspirations	Health Guidelines and Government Recommendations	Factors affecting Choice	Cooking Skills and Methods	Environmental Issues Sustainability
Reading & Writing		Reading & Writing	Reading & Writing	Reading & Writing	Reading & Writing	Reading & Writing
Health and Hygiene rules and requirements		Read practical instructions	Read and understand a range of texts, Health and Hygiene rules and requirements	Reading about how food travels	Reading menus and gathering recipe information	Read and understand a range of texts about sustainability
Speaking & Listening		Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening
Take part in formal and informal discussions/exchanges.		Take part in formal and informal discussions/exchanges.	Take part in formal and informal discussions/exchanges.	Take part in formal and informal discussions/exchanges.	Take part in formal and informal discussions/exchanges.	Take part in formal and informal discussions/exchanges.
Numeracy & Mathematical Reasoning		Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning
Weighing, Measurement and Calculations		Weighing, Measurement and Calculations	Weighing, Measurement and Calculations	Weighing, Measurement and Calculations	Weighing, Measurement and Calculations	Weighing, Measurement and Calculations
Creative Media		Creative Media	Creative Media	Creative Media	Creative Media	Creative Media
Select, interact with and use ICT systems		Use online software to identify different parts of the plant we eat	Select, interact with and use ICT systems to research and summarise	Use ICT to calculate food miles from a local supermarket to the plate Use food a fact for life	Present information in ways that are fit for purpose and audience. Create a menu using ICT	Use food a fact for life to calculate nutritional information