Key Stage	Year Group	Subject	Teacher	Programme of Study		
4	10	BTEC First Award in Sport	J M Flood	Unit 1: Fitness for sport and exercise Unit 2: Practical Sport Unit 3: Applying the principles of personal training.		
Autumn a		Autumn b	Spring a	Spring b	Summer a	Summer b
Topic(s)		Topic(s)	Topic(s)	Topic(s)	Topic(s)	Topic(s)
Fitness for sport and exercise // Practical Sports Performance		Fitness for sport and exercise // Practical Sports Performance	Applying the principles of personal training	Applying the principles of personal training	Fitness for sport and exercise// Practical Sports Performance	Fitness for sport and exercise // Practical Sports Performance
Assessm	ent Tasks	Assessment Tasks	Assessment Tasks	Assessment Tasks	Assessment Task	Assessment Tasks
 Understand the rules, regulations and scoring systems in two sports - Assessment 1a 		 Analyse their own performance in two sports – Assessment 1c 	 Body systems and effects of exercise on the body - Assessment 3a Planning a training programme – Assessment 3b 	 Carry out training programme – Assessment 3c Evaluate your training programme – Assessment 3d 	1 Mock Exam - Assessment 2a	 Demonstrate Skills, tactics and strategies in two sports – Assessment 1b
Personal Development/Careers		Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers
Group discussion: How have we found moving up to KS4 and following a BTEC syllabus? Do any of us have any concerns or problems?		Group discussion: Do you know how to apply to further education, are you aware of the sports courses on offer at local colleges or sixth form providers.	Pupils will take on different rolls during their PE lessons, such as: team captain, coach, referee or umpire. This will allow pupils to explore the different relationship they can have with people within	Students will explore the different role models in sport and how they influence large groups of people.	Pupils will discuss their performance with peers and teacher and analyse results of fitness testing to current data for their demographic group,	Pupils will explore the different sports and leisure careers in preparation for work experience.
Reading & Writing		Reading & Writing	Reading & Writing	Reading & Writing	Reading & Writing	Reading & Writing
Students will write a short report on World's top badminton players (eg. Name, age, nationality, honours etc.). Pupils complete AfL booklet. Students will read a range of informative pieces on badminton (rules, training and skills).		Students will complete a session plan detailing coaching drills. Students will select key information from coaching manuals to use within coaching session.	Students will complete observation checklist detailing partner's strengths and weaknesses. Students will read various internet sources to source information.	Students will complete a fitness training programme log. Students will read various internet sources to source information.	Students will complete a report describing 4 different fitness tests. Students will read various internet sources and textbooks to source information.	Students will complete a short written evaluation on their lesson. Students will read various internet sources and exercise magazines to plan event.
Speaking & Listening		Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening
Individual Contribution: My Favourite Badminton Player. Students will present some key facts about their favourite badminton player.		Group Discussion: What does it take to become a top football player?	Group Discussion: Where in the world is badminton played?	Group Discussion: What does it take to play elite sport?	Group discussion: what does it take to be a good leader	Group Discussion: Fitness Event Ideas.
Numeracy & Mathematical Reasoning		Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning

Pupils will compare the different participation figure of the most popular sports in this country.	Pupils will calculate theirs and their partner's goals to shots ratio.	Pupils will calculate the cost of hosting a major sporting event e.g. the Olympics	Students will plan and keep score in a KS2/3 Badminton Tournament.	Students will maintain scorekeeping and count rally situations.	Student will use a tally charts and other source to review their own performance.
Creative Media	Creative Media	Creative Media	Creative Media	Creative Media	Creative Media
Students will use guided internet	Students will use guided internet	Students will use guided internet	Students will use guided	Students will use guided	Student will use internet and
sources in order to find information on key players.	sources in order to find information on relevant	sources in order to find information on relevant	internet sources in order to find football drill for teaching	internet sources in order to find information on HRF	Word to plan fitness event.