


Meadow Park School - Curriculum Map 2024-2025



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Key Stage	Year Group	Subject	Teacher	Programme of Study			
KS1	1 & 2	Health and Wellbeing	Mrs Macey	National Curriculum			
Autumn a		Autumn b	Spring a	Spring b	Summer a	Summer b	
Topic(s)		Topic(s)	Topic(s)	Topic(s)	Topic(s)	Topic(s)	
Functional Games		Gymnastics	Dance	Net and Wall Games	Circuit Training	Athletics	
Assessment Tasks		Assessment Tasks	Assessment Tasks	Assessment Tasks	Assessment Task	Assessment Tasks	
Peer/Self-Assessment		Peer/Self-Assessment	Peer/Self-Assessment	Peer/Self-Assessment	Peer/Self-Assessment	Peer/Self-Assessment	
Practical Performance		Practical Performance	Practical Performance	Practical Performance	Practical Performance	Practical Performance	
Personal Development/Careers		Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	Personal Development/Careers	
Pupils will discuss how important exercise and physical education on a healthy lifestyle.		Pupils will look at the correct way to behave when winning and losing.		Pupils will look at how healthy habit create a healthy lifestyle.		Pupils will explore what happens to are bodies when we exercise and what we should do after PE.	
Pupils will look at what the positive impact recovery can have after exercise on the body and mind.		Pupils will look explore athletes from around the world and the countries they live in.		Pupils will read about different circuit exercises.		Pupils will read about different athletes from the UK	
Reading & Writing		Reading & Writing		Reading & Writing		Reading & Writing	
Students will read posters around sports hall related to Components of fitness.		Pupils will read different activities within Gymnastics or functional skills.		Pupils will read a variety of rules and regulations about different sports.		Pupils will create their own rules poster for a chosen sport.	
Speaking & Listening		Speaking & Listening		Speaking & Listening		Speaking & Listening	
Pupils will participate in a variety of group discussions.		Pupils will talk about their favourite activity in gymnastics		Pupils will discuss a variety of dances and their differences.		Pupils will share their rules posters for their chosen sport.	
Pupils will discuss their ideas on ways to help themselves and each other improve their performances.		Pupils will share their research and their chosen athlete.		Numeracy & Mathematical Reasoning		Numeracy & Mathematical Reasoning	
Pupils will tally up points during skill based activities.		Pupils will use timers to time their gymnastic poses.		Pupils will use counting techniques to count their dance steps.		Pupils will keep numerical score during games.	
Pupils will use stop watches to keep time of their exercises at each station.		Pupils will compare world records of athletic sports.		Creative Media		Creative Media	
Pupils will use guided internet sources to research information.		Pupils will use guided internet sources to research information.		Pupils will use guided internet sources to research information.		Pupils will use guided internet sources to research information.	