


Meadow Park: Sequence of Learning Overview 2025-2026					
Subject- DofE Bronze Award					
Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10 & Y11 – Bronze Award					
Introduction Activities/Volunteering (Bronze)	Volunteering/Skills section (Bronze)	Volunteering/Skills section (Bronze)	Physical section/Practice Expedition section (Bronze)	Physical section/Expedition section (Bronze)	Introduction Activities/Volunteering (Silver)
Learners will be introduced to a range of introduction activities so that they can explore and develop interests to help with their own topic choices for the bronze award.	Learners will be aware of coaching, teaching and leadership, community action and raising awareness opportunities.	Learners will have a knowledge of transferable skills that could enable them to help a charity or community organisation, helping people, the environment or animals.	Learners will learn about undertaking a physical activity, the fun and benefits it can have at improving their health and physical fitness.	Learners will have developed their own physical interactions within either (or) a combination of a dance, extreme sport(s), fitness, individual sports, martial arts, racquet sports, team sports and water sports.	Learners will be introduced to a range of introduction activities so that they can explore and develop interests to help with their own topic choices for the silver award.
Learners will have opportunities through developing volunteering goals to make a difference to people’s lives and use their skills and experiences to help the local community.	Leaners will start to develop a skill that helps them get better at something they are really interested in and gives them confidence and the ability to use this skill both now and later in life.	Learners will have developed a (range of) skill(s) within the care of animals, creative arts, games and sports, learning and collecting, life skills, media & communication, music, natural world, performance arts; Science & technology.	Learners will start to develop knowledge of how to undertake an expedition(s) and experience opportunities that enable them to have the chance of experiencing an adventure, work as a team, and act on their own initiative(s).	Learners will plan and conduct their own expedition of at least 6 hours during the daytime (at least 3 of will be spent journeying). The expedition will be in a normal rural countryside that is familiar and local to group.	Learners will begin to explore issues/causes/organisations that they are interested in, consider what they will gain from volunteering and establish what time and what skills do they have to offer.
Year 11- Silver Award					
Volunteering (Silver)	Volunteering/Skills section (Silver)	Volunteering/Skills section (Silver)	Physical section/Practice Expedition section (Bronze)	Physical section/Expedition section (Bronze)	Expedition section (Bronze)/Supporting the transition to a further DofE provider
Learners will be utilising a programme planner(s) to plan, monitor their volunteering service as they participate in their agreed activities.	Learners will start to consider the difference they have made and can further make to people’s lives through their skills and experience(s) of volunteering.	Learners will be guided to consider the wider opportunities of volunteering there may be within further community projects and organisations that they care about.	Learners will reflect on their previous experiences of the Bronze Award physical sections and consider the further benefits that can be made to improve their fitness and physical health and fitness within the opportunities the Silver Award offers.	Learners will present detailed evidence of physical interactions within either (or) a combination of a dance, extreme sport(s), fitness, individual sports, martial arts, racquet sports, team sports and water sports (at a Silver ward level).	Learners will be guided through the opportunities that a Gold award can provide and the opportunities that exist through other local and regional providers
Learners will begin to demonstrate further practical independent experiences with their volunteering roles and consider revisions to their own practice(s).	Learners will start to set clear goals and adopt a growth mindset and use active learning strategies within their skills development.	Learners will be encouraged to consider the Use of different learning mediums and reflect on learning from the experiences of others.	Learners will plan and conduct their own expedition of at least 7 hours during the daytime (at least 3½ of which will be spent journeying).	Leaners will undertake an expedition(s) within a normal rural, open countryside or forest that is unfamiliar to their group.	Learners will be encouraged and supported on how to apply their own DofE learning within a particular FE, training or employment pathway.