

Meadow Park School - Curriculum Map 2025-2026



Key Stage	Year Group	Subject	Teacher	Programme of Study	
4	11	BTEC First Award in Sport	J M Flood	Unit 1: Fitness for sport and exercise Unit 3: Applying the principles of training Unit 6: Leading Sports Activities	
Autumn a		Autumn b	Spring a	Spring b	Summer a
Topic(s)		Topic(s)	Topic(s)	Topic(s)	Topic(s)
Leading Sporting Activities		Leading Sporting Activities	Fitness for Sport and Exercise // Applying the Principles of Training	Fitness for Sport and Exercise // Applying the Principles of Training.	Fitness for Sport and Exercise
Assessment Tasks		Assessment Tasks	Assessment Tasks	Assessment Task	Assessment Tasks
1. Qualities of a good leader – Assessment 4a 2. Plan and carry out a leadership session – Assessment 4b		1. Evaluate your leadership session – Assessment 4c	2. Mock Examination 3. Revisit Assessment 3a & 3b	3. Ongoing Revision 4. Revisit Assessment 3c & 3d	5. Ongoing Revision 1. External Examination
Personal Development		Personal Development	Personal Development	Personal Development	Personal Development
Group discussion: How have we found moving up to KS4 and following a BTEC syllabus? Do any of us have any concerns or problems?		Group discussion: Do you know how to apply to further education, are you aware of the sports courses on offer at local colleges or sixth form providers	Pupils will take on different rolls during their PE lessons, such as: team captain, coach, referee or umpire. This will allow pupils to explore the different relationship they can have	Students will explore the different role models in sport and how they influence large groups of people.	Pupils will discuss their performance with peers and teacher and analyse results of fitness testing to current data for their
Reading & Writing		Reading & Writing	Reading & Writing	Reading & Writing	Reading & Writing
Students will write a short report on World's top badminton players (eg. Name, age, nationality, honours etc.). Pupils complete AfL booklet. Students will read a range of informative pieces on badminton (rules,		Students will complete a session plan detailing coaching drills. Students will select key information from coaching manuals to use within coaching session.	Students will complete observation checklist detailing partner's strengths and weaknesses. Students will read various internet sources to source information.	Students will complete a fitness training programme log. Students will read various internet sources to source information.	Students will complete a report describing 4 different fitness tests. Students will read various internet sources and textbooks to source information.
Speaking & Listening		Speaking & Listening	Speaking & Listening	Speaking & Listening	Speaking & Listening
Individual Contribution: My Favourite Badminton Player. Students will present some key facts about their favourite badminton player		Group Discussion: What does it take to become a top football player?	Group Discussion: Where in the world is badminton played?	Group Discussion: What does it take to play elite sport?	Group discussion: what does it take to be a good leader
Numeracy & Mathematical Reasoning		Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning	Numeracy & Mathematical Reasoning

Pupils will compare the different participation figure of the most popular sports in this country.	Pupils will calculate theirs and their partner's goals to shots ratio.	Pupils will calculate the cost of hosting a major sporting event e.g. the Olympics	<i>Students will plan and keep score in a KS2/3 Badminton Tournament.</i>	Students will maintain scorekeeping and count rally situations.	Student will use a tally charts and other source to review their own performance.
Creative Media	Creative Media	Creative Media	Creative Media	Creative Media	Creative Media
Students will use guided internet sources in order to find information on key players.	Students will use guided internet sources in order to find information on relevant	Students will use guided internet sources in order to find information on relevant	Students will use guided internet sources in order to find football drill for	Students will use guided internet sources in order to find information on HRF	Student will use internet and Word to plan fitness event.