


Meadow Park: Sequence Of Learning Overview 2025-2026					
Subject- Health and Social Care					
Autumn A	Autumn B	Spring A	Spring B	Summer A	Summer B
Year 10					
Unit 1 – 1.1	Unit 1 – 1.2	Unit 1 – 1.3	Unit 1 – 1.4	Unit 1 – 1.5	Unit 2 - 2.1
Key physical, intellectual, emotional and social aspects that affect growth and development across the lifespan of individuals.	Key aspects that affect growth and development across the lifespan.	Factors that shape self-concept and personal development.	The physical indicators used to measure health and how these can be interpreted	The role and purpose of promoting health and well-being. Revision and assessment	The range of individual needs across the lifespan
1.1.1 - Growth and development through the life stages 1.1.2 - Physical aspects of development 1.1.3 - Intellectual/ cognitive aspects of development 1.1.4 - Social and emotional aspects of development	1.2.1 Life factors 1.2.2 - lifestyle choices 1.2.3 Life events	1.3.1 - The importance of active participation, inclusion, resilience and self-concept 1.3.2 - The positive and negative factors that may affect self-concept and the importance of resilience and self-concept to achieve personal outcomes.	1.4.1 - The definitions of health, illness, disease and well-being 1.4.2 - The physical indicators used to measure health and how these are interpreted	1.5.1 - The role, purpose and benefits of promoting health and well-being 1.5.2 How to support individuals to take responsibility for their own health and well-being 1.5.3 Ways of promoting health and well-being	2.1.1 - Key theories and how they impact on care needs, outcomes and development across the life spa 2.1.2 - Fundamental human needs across the lifespan 2.1.3 - The changing needs of physical care and emotional support
Year 11					
Unit 2 – 2.2	Unit 2- 2.3	Unit 2 – 2.4	Unit 2 – 2.5	Unit 2 – 2.6	
The different types of health and social care provision and how key professionals, family and friends, work together to support individuals to maintain health and wellbeing.	The roles of key professionals within the health and social care sector	Practitioners' responsibilities and accountabilities within the context of legislative frameworks, standards and codes of conduct and professional practice.	Safeguarding and legislation	The current changing demands for care on the health and social sector and individuals Assessment	Exam
2.2.1 - The different ways that care and support is provided for individual across all life stages both locally and nationally 2.2.2 How health and social care sectors work in partnership with individuals to provide care and support to ensure their outcomes are achieved. 2.2.3 Access opportunities and challenges to support to ensure their outcomes are achieved	2.3 The roles of key professionals within the health and social care sector	2.4.1 - How standards and legislation support professional practice 2.4.2 - Th care values with examples related to professional working roles	2.5.1 - The term 'safeguarding' and what constitutes harm, abuse and neglect and the indicators of maltreatment. 2.5.2 - The role of legislation in	2.6 - The current changing demands for care on the health and social sector and individuals Controlled assessment Exam revision	Year 11 off role

2.2.4 - The importance of families, friends and community networks for the well-being of individuals and carers					
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	Unit 1: Patterns of child development
	Unit 2: Promoting children's development through play
	Exam