

Meadow Park
Timings of the School Day 2025-2026

Key Stage 1		Key Stage 2		Key Stages 3 and 4	
8:50-9:15	Breakfast/Sensory Circuit	8:50-9:00	Breakfast	8:50-9:50	Enrichment / Breakfast
9:15-10:15	Lesson	9:00-12:00	Lessons	9:50-11:30	Lessons
10:15-10:40	Break				
10:40-11:45	Lessons			11:30-11:45	Break
11:45-12:30	Lunch	12:00-12:30	Lunch	11:45-12:30	Lesson
12:30-13:50	Lessons	12:30-14:00	Lessons	12:30-13:00	Lunch
13:50-14:00	Prepare for Home			13:00-15:00	Lessons
14:00-15:00	Enrichment	14:00-15:00	Enrichment		
6 hours 10 mins		6 hours 10 mins		6 hours 10 mins	